

University of
Lethbridge



Program Planning Guide

Name: _____

ID: _____

Calendar Year: 2022/2023

Major in Therapeutic Recreation:

www.ulethbridge.ca/healthsciences/tr

Academic Calendar:

www.ulethbridge.ca/ross/academic-calendar

High School Admission Requirements:

www.ulethbridge.ca/ross/admissions/undergrad/high-school

Current and Past Program Planning Guides:

www.ulethbridge.ca/ross/ppgs

Faculty of Health Sciences Advising:

www.ulethbridge.ca/healthsciences/advising

Bachelor of Therapeutic Recreation

This is a planning guide and not a graduation check or guarantee of course offerings. You should have a program check done in your final year of studies. Students are responsible for the accuracy of their own programs. The guide should be used in conjunction with the University of Lethbridge Calendar, which is the final authority on all questions regarding program requirements and academic regulations.

Contact an Academic Advisor (www.ulethbridge.ca/ross/academic-advising) for advising information.

Name : _____

ID : _____

Program Requirements

Completion of at least 20 course equivalents (60.0 credit hours) with a cumulative GPA of at least 2.50 on all TREC courses taken for credit towards the degree.

Major Requirements

- _____ HLSC 1060 - Human Anatomy and Physiology
- _____ HLSC 1170 - Human Development Across the Lifespan
- _____ HLSC 3150 - Abnormal Psychology
- _____ TREC 3000 - Foundations of Therapeutic Recreation
- _____ TREC 3100 - Program Planning in Therapeutic Recreation
- _____ TREC 3200 - Introduction to Recreation and Leisure: Across the Life Course
- _____ TREC 3300 - Processes and Techniques in Therapeutic Recreation
- _____ TREC 3500 - Therapeutic Recreation for Diverse Populations
- _____ TREC 3700 - Communication and Counselling Techniques in Therapeutic Recreation
- _____ TREC 4000 - Issues and Trends in Therapeutic Recreation
- _____ TREC 4100 - Research Design in Therapeutic Recreation
- _____ TREC 4200 - Administration in Therapeutic Recreation
- _____ TREC 4300 - Modalities, Interventions and Facilitation Techniques in Therapeutic Recreation
- _____ TREC 4550 - Internship in Therapeutic Recreation (15.0 credit hours)

One of:

- _____ ABHL 3300 - Traditional Aboriginal Health Concepts
 - _____ HLSC 2450/HIST 2450 - Evolution of Health and Illness Care
 - _____ HLSC 4500/FA 4500 - Global Health, Fine Arts, and Social Change
 - _____ HLSC 3560/HIST 3560 - History of Nursing: Women and the Care of the Sick
 - _____ KNES 2130 - Humanities Perspectives
 - _____ PHIL 2001 - Introduction to Ethics
 - _____ One Elective (3.0 credit hours) from the Faculty of Health Sciences (ABHL, ADCS, HLSC, PUBH, TREC)
1. _____

Sample Sequencing Plan for Lethbridge Campus Students

Year 1, Fall

Health Sciences 1170
 Health Sciences 3150
 Therapeutic Recreation 3000
 Therapeutic Recreation 3100
 Therapeutic Recreation 3200

Year 1, Spring

Health Sciences 1060
 Therapeutic Recreation 3300
 Therapeutic Recreation 3500
 Therapeutic Recreation 3700
 Therapeutic Recreation 4100

Year 2, Fall

Therapeutic Recreation 4000
 Therapeutic Recreation 4200
 Therapeutic Recreation 4300
 "One of" List course
 Elective

Year 2, Spring

Therapeutic Recreation 4550 (15.0 credit hours)

Sample Sequencing Plan for Online Campus Students

Year 1, Fall

Health Sciences 3150
 Therapeutic Recreation 3000
 Therapeutic Recreation 3200

Year 1, Spring

Health Sciences 1060
 Therapeutic Recreation 3100
 Therapeutic Recreation 3300
 Therapeutic Recreation 3500

Year 1, Summer

Therapeutic Recreation 3700

Year 2, Fall

Therapeutic Recreation 4000
 Therapeutic Recreation 4200
 "One of" List course

Year 2, Spring

Health Sciences 1170
 Therapeutic Recreation 4100
 Therapeutic Recreation 4300
 Elective

Year 3, Fall

Therapeutic Recreation 4550 (15.0 credit hours)

Notes

Due to the structured nature of the B.T.R. program, students are strongly discouraged from declaring a minor. Completing a minor will require taking courses above the minimum degree requirements and could lengthen the duration of your program. Consult your Academic Advisor prior to declaring a minor.

Minimum Grade Requirement: A minimum grade of 'C' is required in all Therapeutic Recreation (TREC) courses. Any student who receives a grade of 'C-' or lower is required to repeat the course and achieve a grade of 'C' or higher.

